

# December 2021

# The Haven

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BIRTHDAYS</b> 9th Doreen 21st Pat 27th Mary			<b>1</b> 9am Exercises 10.30 Tubegame 1pm St Massage 1.30 Crosswords	<b>2</b> 9am Balloon Games 9.30 Mt Bus 1pm Quizzes 2pm Colour Therapy	<b>3</b> 9.30 Exercises with Mobility 10.30 Bobs 1pm Sing a long 3pm Movie	<b>4</b> 9am Balloon Games 10.30 Bingo 1pm Movie
<b>5</b> 9am Exercises 10.30 Garden Club 1pm St Massage 2pm Movie	<b>6</b> 9.30 Exercises with Mob 10.30 Golf 1pm St Massage 1.30 Milkshake and Music	<b>7</b> 9am Ball Games 10.30 Skittels 1pm Nail Care 1pm The Gals	<b>8</b> 9am Exercises 10.30 Tubegame 1pm St Massage 1.30 Crosswords	<b>9</b> 9am St Lukes 9.30 Mt Bus 1pm Quizzes 2pm Bday for Doreen	<b>10</b> 9.30 Exercises with Mobility 10.30 Bobs 1pm Evan 3pm Movie	<b>11</b> 9am Balloon Games 10.30 Bingo 1pm Movie
<b>12</b> 9am Exercises 10.30 Garden Club 1pm St Massage 2pm Movie	<b>13</b> 9.30 Exercises with Mob 10.30 Golf 1pm St Massage 1.30 Milkshake and Music	<b>14</b> 9am Ball Games 10.30 Skittels 1pm Nail Care 1.30 Remember When	<b>15</b> 9am Exercises 10.30 Tubegame 1pm St Massage 1.30 Crosswords	<b>16</b> 9am Balloon Games 9.30 Mt Bus 1pm Quizzes 2pm Colour Therapy	<b>17</b> 9.30 Exercises with Mobility 10.30 Bobs 1pm Sing a long 3pm Movie 6pm Carols by Torchlight	<b>18</b> 9am Balloon Games 10.30 Bingo 1pm Movie
<b>19</b> 9am Exercises 10.30 Garden Club 1pm St Massage 2pm Movie	<b>20</b> 9.30 Exercises with Mob 10.30 Golf 1pm St Massage 1.30 Milkshake and Music	<b>21</b> 9am Ball Games 10am Bday for Pat 10.30 Skittels 1pm Nail Care 1.30 Remember When	<b>22</b> 9am Exercises 10.30 Tubegame 1pm St Massage 1.30 Crosswords	<b>23</b> 9am Balloon Games 9.30 Mt Bus 1pm Quizzes 2pm Colour Therapy	<b>24</b> Christmas Eve 9.30 Exercises with Mobility 10.30 Christmas Concert Showtime 1pm Sing a long 3pm Movie	<b>25</b> Christmas Day 9am Balloon Games 10.30 Bingo 1pm Movie
<b>26</b> 9am Exercises 10.30 Garden Club 1pm St Massage 2pm Movie	<b>27</b> 9.30 Exercises with Mob 10am Bday For Mary 10.30 Golf 1pm St Massage 1.30 Milkshake and Music	<b>28</b> 9am Ball Games 10.30 Skittels 1pm Nail Care 1.30 Remember When	<b>29</b> 9am Exercises 10.30 Tubegame 1pm St Massage 1.30 Crosswords	<b>30</b> 9am Balloon Games 9.30 Mt Bus 1pm Quizzes 2pm Colour Therapy	<b>31</b> New Year's Eve 9.30 Exercises with Mobility 10.30 Bobs 1pm Sing a long 3pm Movie	