

December 2021

Nursing Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS 1st Doreen A 6th Kath H 14th Rita E 17th Ruth H			1 9am Exercises 9.30 MT Bus 10.30 TubeGames 2pm B/Day for Doreen	2 9am Exercises 10.30 Crosswords 12.30 ST Massage 1.30 Milkshakes & Letters 3pm Movie	3 9am Exercises 10.30 Cooking 12.30 ST Massage 1.30 Sing a long 3pm Movie	4 9.30 Exercises 10.30 Music Bingo 12.30 ST Massage 1.30 Remember When 3pm Movie
5 9.30 Exercises 10.30 Bingo 12.30 ST Massage 1.30 Quizzes 3pm Movie	6 9.30 Exercises 10am B/Day for Kath 10.30 Bowls 12.30 ST Massage 1.30 Wordgames 3pm Movie	7 9am Exercises 10.30 Bobs 1pm The Gals	8 9am Exercises 9.30 MT Bus 10.30 Tubegames 12.30 ST Massage 1.30 Ice cream & Giggles	9 9am Exercises 10.30 Crosswords 12.30 ST Massage 1.30 Milkshakes & Letters 3pm Movie	10 9am Exercises 9.30 Catholic Mass 12.30 ST Massage 1pm Evan 3pm Movie	11 9.30 Exercises 10.30 Music Bingo 12.30 ST Massage 1.30 Remember When 3pm Movie
12 9.30 Exercises 10.30 Bingo 12.30 ST Massage 1.30 Quizzes 3pm Movie	13 9.30 Exercises 10.30 Bowls 12.30 ST Massage 1.30 Wordgames 3pm Movie	14 9am Exercises 10am B/Day for Rita 10.30 Bobs 12.30 ST Massage 1.30 Poetry Reading 3pm Movie	15 9am Exercises 9.30 MT Bus 10.30 Tubegames 12.30 ST Massage 1.30 Ice cream & Giggles	16 9am Exercises 10.30 Crosswords 12.30 ST Massage 1.30 Milkshakes & Letters 3pm Movie	17 9am Exercises 10am Bday for Ruth 10.30 Cooking 12.30 ST Massage 3pm Movie 5.30 Carols by torchlight	18 9.30 Exercises 10.30 Music Bingo 12.30 ST Massage 1.30 Remember When 3pm Movie
19 9.30 Exercises 10.30 Bingo 12.30 ST Massage 1.30 Quizzes 3pm Movie	20 9.30 Exercises 10.30 Bowls 12.30 ST Massage 1.30 Wordgames 3pm Movie	21 9am Exercises 10.30 Bobs 12.30 ST Massage 1.30 Poetry Reading 3pm Movie	22 9am Exercises 9.30 MT Bus 10.30 Christmas Elfs 12.30 ST Massage 1.30 Ice cream & Giggles	23 9am Exercises 10.30 Crosswords 12.30 ST Massage 1.30 Milkshakes & Letters 3pm Movie	24 Christmas Eve 10.30 Christmas with Annett	25 Christmas Day
26 9.30 Exercises 10.30 Bingo 12.30 ST Massage 1.30 Quizzes 3pm Movie	27 9.30 Exercises 10.30 Bowls 12.30 ST Massage 1.30 Wordgames 3pm Movie	28 9am Exercises 10.30 Bobs 12.30 ST Massage 1.30 Poetry Reading 3pm Movie	29 9am Exercises 9.30 MT Bus 10.30 Tubegames 12.30 ST Massage 1.30 Ice cream & Giggles	30 9am Exercises 10.30 Crosswords 12.30 ST Massage 1.30 Milkshakes & Letters 3pm Movie	31 New Year's Eve 9am Exercises 12.30 ST Massage 3pm Movie	