

# BlueWave Living

November Newsletter



## A Message from our CEO

With many months now of varying levels of COVID lock down, it has been a difficult balance in regards to minimising risk, and ensuring the mental health of our elders is maintained as best we can. Our activities team have done an exemplary job in working around these challenges. I am now pleased to advise that we have been given approval to re-commence bus outings for residents, albeit with some limitations. This has been one of the many frustrating aspects of managing the risk of COVID for our residents, and it has been many months now since we have been able to take residents on an outing. NSW Health have finally allowed this to occur, as long as it is an outing to an outdoor venue and there is minimised contact with other people. This will be a wonderful opportunity for many of our residents, especially those who don't have immediate family nearby. Also very opportune as we move through spring towards warmer weather.

We are all looking forward to further relaxation of restrictions, which can only occur with all within the community participating and doing the right thing. We appreciate everyone's efforts in assisting with this process over many months. The success of a coordinated approach is clear in Victoria, where there has been resounding success at suppressing the spread of the virus, and there are now only a handful of active cases across the Aged Care network in Victoria. As always, to everyone who has been impacted by COVID, our thoughts are with you.

With COVID now seemingly well managed within Australia, it is easy to become complacent. However the risk remains real, and until there is a viable vaccine widely implemented, the virus could still be circulating largely undetected and pose a potential risk to our elders. Whilst we are relaxing many restrictions as community cases diminish, there will have to remain some measures in place for the foreseeable future. Most of these restrictions are legislated and we are obligated to have them in place. Some of the restrictions we may impose we do so as part of our on-going risk assessment. I again thank all for their patience and understanding when visiting.

Whilst the industry has been actively managing the challenges associated with COVID, the Royal Commission into Aged Care has continued in the background, recently wrapping up. There is promise of the final report being released in the first quarter of next year. The Federal Government has made comments that it intends to act quickly on recommendations the Commission makes. We all remain hopeful that this will be the case, to ensure we have a well resourced Aged Care system that we can all depend upon and deserve well into the future.

Till next time, take care, Matt.

A big welcome to our new residents  
Joan Barth, Raymond Bryant and Vera Hoxha

### Farewells

We would like to acknowledge the following residents who are no longer at BlueWave Living: Bev Pegg, Betty Train and Muriel Yeadon.

# What's ON!

NOVEMBER

## Resident Activities!

At present all activities will be carried out inhouse by our staff. Each area has a calendar which lists daily activities!

You can view the calendars here:  
[bluewaveliving.org.au/residents/](http://bluewaveliving.org.au/residents/)

## Key dates this month...

### Melbourne Cup

- BlueWave Races @10.30am
- Cup lunch @ 12pm
- Champagne & finger food while watching the race that stops the nation.

Sweeps on sale  
Monday 2nd.

