

September 2020

The Cove

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS 22nd Betty H		1 9am Exercises 10.30 Target Practice 12.30 ST Massage 1.30 Sensory Table 3pm Snakes & Ladders	2 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Darts 3pm Table Games	3 9am Exercises 10.30 Bobs Balls 12.30 Nail Care 1.30 Remember When 3pm Boardgames	4 9am Exercises 10.30 Fathers Day M/Tea 12.30 ST Massage 1.30 Craft 3pm Table games	5 9am Exercises 10.30 Box Bingo 12.30 ST Massage 1.30 Colouring In 3pm Movie
6 9am Exercises 10.30 Frogs on the Pond 12.30 ST Massage 1.30 Whiteboard Games 3pm Movie	7 9am Exercises 10.30 Fishing Game 12.30 ST Massage 1.30 Colour Therapy 3pm Table Activities	8 9am Exercises 10.30 Target Practice 12.30 ST Massage 1.30 Sensory Table 3pm Snakes & Ladders	9 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Darts 3pm Table Games	10 9am Exercises 10.30 Bobs Balls 12.30 ST Massage 1.30 Darts 3pm Table Games	11 9am Exercises Spring BBQ Mad Hatters 12.30 ST Massage 1.30 Craft 3pm Table games	12 9am Exercises 10.30 Box Bingo 12.30 ST Massage 1.30 Colouring In 3pm Movie
13 9am Exercises 10.30 Frogs on the Pond 12.30 ST Massage 1.30 Whiteboard Games 3pm Movie	14 9am Exercises 10.30 Fishing Game 12.30 ST Massage 1.30 Colour Therapy 3pm Table Activities	15 9am Exercises 10.30 Target Practice 12.30 ST Massage 1.30 Sensory Table 3pm Snakes & Ladders	16 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Darts 3pm Table Games	17 9am Exercises 10.30 Bobs Balls 12.30 ST Massage 1.30 Darts 3pm Table Games	18 9am Exercises 12.30 ST Massage 1.30 Craft 3pm Table games	19 9am Exercises 10.30 Box Bingo 12.30 ST Massage 1.30 Colouring In 3pm Movie
20 9am Exercises 10.30 Frogs on the Pond 12.30 ST Massage 1.30 Whiteboard Games 3pm Movie	21 9am Exercises 10.30 Fishing Game 12.30 ST Massage 1.30 Colour Therapy 3pm Table Activities	22 9am Exercises 10am B/Day for Betty 10.30 Target Practice 12.30 ST Massage 1.30 Sensory Table 3pm Snakes & Ladders	23 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Darts 3pm Table Games	24 9am Exercises 10.30 Bobs Balls 12.30 ST Massage 1.30 Darts 3pm Table Games	25 9am Exercises 12.30 ST Massage 1.30 Craft 3pm Table games	26 9am Exercises 10.30 Box Bingo 12.30 ST Massage 1.30 Colouring In 3pm Movie
27 9am Exercises 10.30 Frogs on the Pond 12.30 ST Massage 1.30 Whiteboard Games 3pm Movie	28 9am Exercises 10.30 Fishing Game 12.30 ST Massage 1.30 Colour Therapy 3pm Table Activities	29 9am Exercises 10.30 Target Practice 12.30 ST Massage 1.30 Sensory Table 3pm Snakes & Ladders	30 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Darts 3pm Table Games			