

March 2020

Nursing Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9.15 Current Affairs 10.30 Card Bingo 12.30 Massage 1.30 On This Day 3pm Movie	2 9am Exercises 10.30 Courtyard Sing-a-long 12.30 Nail Care 1.30 Who Wants To Be A Millionaire 3pm Musical Movie	3 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Word Games 3pm TV Shows	4 9am Exercises 10.30 Bob's Balls 1pm Afternoon Tea Bus 3pm Western Movie	5 9am Ball Games 10.30 Darts 12.30 Massage 1.30 Trivia 3pm Old Movie	6 9am Exercises 10.30 Cooking 12.30 ST Massage 1.30 Sing-a-long Happy Hour 3pm Feel Good Movie	7 9.15 Exercises 10.30 Bingo 12.30 Massage 1.30 Craft 3pm Movie
8 9.15 Current Affairs 10.30 Card Bingo 12.30 Massage 1.30 On This Day 3pm Movie	9 9am Exercises 10.30 Clydsdale visits 12.30 Nail Care 1.30 Who Wants To Be A Millionaire 3pm Musical Movie	10 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Ainsley Collection Word Games 3pm TV Shows	11 9am Exercises 9.30 St Luke's 10.30 Bob's Balls 1pm Afternoon Tea Bus 3pm Western Movie	12 9am Ball Games 10.30 Darts 12.30 Massage 1.30 Trivia 3pm Old Movie	13 Hungarian Theme 9.30 Catholic Mass 10.30 Cooking 12.30 ST Massage 1.30 Sing-a-long 3pm Feel Good Movie	14 9.15 Exercises 10.30 Bingo 12.30 Massage 1.30 Craft 3pm Movie
15 9.15 Current Affairs 10.30 Card Bingo 12.30 Massage 1.30 On This Day 3pm Movie	16 9am Exercises 10am Bday For Caroline 12.30 Nail Care 1.30 Who Wants To Be A Millionaire 3pm Musical Movie	17 St Patrick's Day 9am Exercises 10.30 Helen's Pixies 12.30 Massage 1.30 Sing With Lonny 3pm TV Shows	18 9am Exercises 10.30 Bob's Balls 11am Lunch Bus 12.30 Massage 1.30 Quizzes 3pm Western Movie	19 9am Ball Games 10.30 Darts 12.30 Massage 1.30 Trivia 3pm Old Movie	20 9am Exercises 10.30 Cooking 12.30 ST Massage 1.30 Sing-a-long Happy Hour 3pm Feel Good Movie	21 9.15 Exercises 10.30 Bingo 12.30 Massage 1.30 Craft 3pm Movie
22 9.15 Current Affairs 10.30 Card Bingo 12.30 Massage 1.30 On This Day 3pm Movie	23 9am Exercises 10.30 Courtyard Sing-a-long 12.30 Nail Care 1.30 Who Wants To Be A Millionaire 3pm Musical Movie	24 9am Exercises 10.30 Bowls 12.30 ST Massage 2pm The Gals 3pm TV Shows	25 9am Exercises 9.30 Morning Tea Bus 9.30 St Luke's 10.30 Bob's Balls 12.30 Massage 1.30 Quizzes/ 3pm Movie	26 9am Ball Games 10.30 Darts 12.30 Massage 1.30 Trivia 3pm Old Movie	27 9am Exercises 10.30 Cooking 12.30 Massage 1.30 ICU Concert 3pm Movie	28 9.15 Exercises 10.30 Bingo 12.30 Massage 1.30 Craft 3pm Movie
29 9.15 Current Affairs 10.30 Card Bingo 12.30 Massage 1.30 On This Day 3pm Movie	30 9am Exercises 10am Bday For Helen 12.30 Nail Care 1.30 Who Wants To Be A Millionaire 3pm Musical Movie	31 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Word Games 3pm TV Shows				BIRTHDAYS 16th Caroline C 30th Helen