

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BUFFET BREAKFAST	Fresh Juice (Apple or Orange), Fresh or Tinned Fruit, Yoghurt, Assorted Cereals, Prunes, Porridge, Coffee, Tea, Assorted Breads & Spreads, Pastries, Scrambled or Poached Eggs						Scrambled Eggs & Hash Browns
MORNING TEA	Chocolate Tart	Sweet or Savoury Biscuits	Shortbread Cookie	Lemon Slice	Sweet or Savoury Biscuits	Fruit Cake	Cheese & Chive Scone
LUNCH MAIN CHOICE	Braised Pork Steak with Apple Sauce	Grilled Salmon & Hollandaise Sauce with Pumpkin Puree, Steam Broccoli & Mustard Potato Or Cornish Pastie	Silverside with Parsley Sauce	Chicken Kiev with garlic Cream Sauce, Mashed Potato, Grilled Zucchini & Spiced Kumera or Lambs Fry & Bacon	Crumbed Fish with Tartare & Lemon	Spanish Style Pork Casserole	Roasted Lamb with Minted Gravy
LUNCH 2ND CHOICE	Vegetable Spring Rolls with Sweet Chilli Sauce		Special Fried Rice with Chicken		Zucchini Slice	Steak & Kidney pie	Vegetable Parmigiana
VEGETABLES	Braised Cabbage, Herbed Potato & Baby Carrots		Cauliflower & Broccoli Mornay, Potato Bake		Hot Chips & Garden Salad	Parsley Potatoes, Pumpkin & Peas	Mixed Roasted Root Vegetables
DESSERT	Trifle	Cheesecake & Cream	Pumpkin Pie & Ice Cream	Tiramisu & Cream	Chocolate Profiteroles	Peach Crumble & Custard	Jelly & Cream
MODIFIED MEAL	Braised Pork Steak with Apple Sauce	Grilled Salmon	Silverside	Chicken Kiev	Steamed Fish	Pork Casserole	Roasted Lamb with Minted Gravy
All modified meals will be the same or a variation of the Main Meal choice at Lunch & Dinner served with mashed potato & puree vegetable with sauce or gravy							
A/TEA	Sweet or Savoury Biscuits	Cheese & Crackers	A Selection of Tea, Coffee or Cordial with Sweet or Savoury Biscuits		Cheese & Crackers	A Selection of Tea, Coffee or Cordial with Sweet or Savoury Biscuits	
DINNER SOUP	Carrot & Lentil	Chicken Noodle	Roasted Cauliflower	Sweet Potato & Pear	Roasted Zucchini	Potato & Bacon	French Onion
DINNER MAIN CHOICE	Smokey BBQ Chicken Wings & Mixed Vegetables	Savoury Mince on Toast	Quiche Lorraine & Garden Salad	Beef Lasagne & Garlic Bread	Apricot Chicken & Steamed Rice	Baked Potato with Bacon, Spring Onion, Cheese & Sour Cream	Baked Beans on Toast
DINNER 2ND CHOICE	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich
SANDWICHES OR SALADS	Roast Beef	Tuna & Mayo	Ham & Pineapple	Salmon	Corned Beef	Ham	Curried Egg
DESSERT OR FRESH FRUIT	Whole Fruit Piece	Crème Caramel	Fresh Fruit Salad	Ice Cream & Topping	Whole Fruit Piece	Tinned Fruit	Strawberry Flummery
SPECIAL DIET	Special Diets for Breakfast, Lunch & Dinner will be catered for on an individual basis. E.g. Vegetarian, Diabetic, Puree, Gluten Free, Low Salt, High Protein etc.						

