

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BUFFET BREAKFAST	Fresh Juice (Apple or Orange), Fresh or Tinned Fruit, Yoghurt, Assorted Cereals, Prunes, Porridge, Coffee, Tea, Assorted Breads & Spreads, Pastries, Scrambled or Poached Eggs						Scrambled Eggs & Grilled Tomato
MORNING TEA	Jam Drops	Sweet or Savoury Biscuits	Banana & Carmel Muffins	Scones with Jam & Cream	Sweet or Savoury Biscuits	Choc Chip Cookie	Savoury Scroll
LUNCH MAIN CHOICE	Seafood Cacciatore	<i>Cold Cuts of Meat, Potato, Pasta and Garden Salad with Condiments</i>	Chicken Schnitzel & Dianne Sauce	<i>Braised Lamb Chop topped with Mushroom & Herb Sauce, Garlic Chive Puree Potato, Roasted Capsicum & Beans</i>	Crumbed Fish with Lemon & Tartare	Stuffed Potato Skin with Savoury Mince & Cheese Topping	Roasted Pork with Gravy, Crackling and Apple Sauce
LUNCH 2ND CHOICE	Beef Pie & Gravy		Cheese & Tomato Croissant		Mixed Vegetable Pastie	Honey & Garlic Stir Fry with Chicken	Bacon & Shallot Risotto
VEGETABLES	Baby Carrots, Steamed Broccoli and Herbed Potato		<i>or Moroccan Lamb Meatballs with Rice</i>		Sliced Carrots, Cauliflower & Buttered Potato	<i>or Sausage Roll with Tomato Sauce</i>	Hot Chips, Garden Salad & Pasta Salad
DESSERT	Pear Sponge & Custard	Cappuccino Panna Cotta with Cream	Fruit Jelly & Custard	Crème Brulee	Mud cake and Cream	Bread & Butter Pudding & Custard	Baked New York Cheese Cake
MODIFIED MEAL	Beef Pie Mix	Lamb Meatballs	Chicken Schnitzel & Dianne Sauce	Braised Lamb	Steamed Fish	Savoury Mince	Roasted Pork with Gravy
	All modified meals will be the same or a variation of the Main Meal choice at Lunch & Dinner served with mashed potato & puree vegetable with sauce or gravy						
A/TEA	Sweet or Savoury Biscuits	Cheese & Crackers	A Selection of Tea, Coffee or Cordial with Sweet or Savoury Biscuits		Cheese & Crackers	A Selection of Tea, Coffee or Cordial with Sweet or Savoury Biscuits	
DINNER SOUP	French Onion	Cream of Mushroom	Minestrone	Chicken & Sweetcorn	Roasted Capsicum & Tomato	Cream of Celery	Beef & Barley
DINNER MAIN CHOICE	Curried Sausages & Mashed Potato	Irish Spiced Beef Casserole	Mixed Vegetable Frittata & Salad	Beef Burgundy & Rice	Pasta Carbonara	Pumpkin & Chickpea Casserole	Cocktail Fish, Tartare & Chips
DINNER 2ND CHOICE	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich
SANDWICHES OR SALADS	Roast Beef	Tuna & Mayo	Ham & Pineapple	Salmon	Corned Beef	Chicken & Mayo	Curried Egg
DESSERT OR FRESH FRUIT	Ice Cream & Topping	Whole Fruit Piece	Strawberry Mousse	Fresh Fruit Salad	Ice Cream & Topping	Whole Fruit Piece	Tinned Fruit
SPECIAL DIET	Special Diets for Breakfast, Lunch & Dinner will be catered for on an individual basis. E.g. Vegetarian, Diabetic, Puree, Gluten Free, Low Salt, High Protein etc.						
SUPPER	A Selection of Coffee, Tea and Fresh Fruit with Diabetics receiving Mixed Sandwiches in Dining Fridges						

