

September 2019

The Shores

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Boardgames 10.30 Robert @ VS	2 9am Exercises 10am B/day For Mavis 10.30 Bingo 1.30 Shuffleboard	3 8.30 Ball/Balloon Games 10.30 Darts 1pm Afternoon tea bus 2pm The Gals	4 9am Exercises 10.30 Bowls 1.30 Card Bingo	5 9.30 Group Walks 10.30 Golf 1pm Assisted Shopping 1.30 Big Bingo	6 9.30 Exercises 10.30 Cooking 1.30 Shuffleboard 1.30 Rowdy Rockers	7 Music Current Affairs Netflix
8 Boardgames Movie	9 9am Exercises 10.30 Bingo 1.30 Shuffleboard	10 8.30 Ball/Balloon Games 10.30 Darts 1pm Afternoon tea bus	11 9am Exercises 9.30 St Luke's 10.30 Bowls 1.30 Card Bingo	12 9.30 Group Walks 10.30 Golf 1pm Shopping Bus 1.30 Big Bingo	13 9.30 Catholic Mass 10.30 Tempo Terrific 12pm Spring BBQ 1.30 Shuffleboard 1.30 Rowdy Rockers	14 Music 10.30 Shing digs@TS Netflix
15 Boardgames Movie	16 9am Exercises 10am B/day For Elizabeth 10.30 Bingo 1.30 Shuffleboard	17 8.30 Ball/Balloon Games 10.30 Darts 1pm Afternoon tea bus	18 Mexican Theme 9am Exercises 10am B/day For Anne 10.30 Bowls 1.30 Card Bingo	19 9.30 Group Walks 10am B/day For Ian 1pm Shopping Bus 1.30 Big Bingo	20 9.30 Exercises 10.30 Cooking 1.30 Shuffleboard 1.30 Rowdy Rockers	21 Spring Fete
22 Boardgames Movie	23 9am Exercises 10.30 Bingo 1.30 Shuffleboard	24 8.30 Ball/Balloon Games 10.30 Darts 1.30 Sing a long with Lonny	25 9am Exercises 9.30 St Luke's 10.30 Bowls 1.30 Card Bingo	26 9.30 Group Walks 10.30 Golf 1pm Shopping Bus 1.30 Big Bingo	27 9.30 Exercises 10.30 Cooking 1.30 Shuffleboard 1.30 Rowdy Rockers	28 Music Current Affairs Netflix
29 Boardgames Movie	30 9am Exercises 10.30 Bingo 1.30 Shuffleboard					BIRTHDAYS 1st Mavis Mc 15th Elizabeth P 18th Anne S 19th Ross T (Ian)