

# September 2019

# The Cove

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9am Exercises 10.30 Robert 12.30 ST Massage 1.30 Table Games	<b>2</b> 9.30 Morning Tea Bus 10.30 ST Massage 1.30 Read A Bit Talk A Bit 2.30 Table Activities	<b>3</b> 9am Balloon Games 10.30 Frog On The Pond 12.30 ST Massage 2pm The Gals	<b>4</b> 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Ice Cream & Giggles 3.30 Movie	<b>5</b> 9am Balloon Games 10.30 Garden Club 12.30 ST Massage 1.30 Reminiscing Box 3.30 Movie	<b>6</b> 9am Exercises 10.30 Basketball 12.30 St Massage 1.30 Memory Game	<b>7</b> 9am Balloon Games 10.30 Box Bingo 12.30 ST Massage 1.30 Colour Therapy 3pm Movie
<b>8</b> 9am Exercises 10.30 Garden Reading 12.30 ST Massage 1.30 Table Games	<b>9</b> 9.30 Morning Tea Bus 10.30 ST Massage 1.30 Read A Bit Talk A Bit 2.30 Table Activities	<b>10</b> 9am Balloon Games 10.30 Frog On The Pond 12.30 ST Massage 1.30 Art/Craft Table 3.30 Movie	<b>11</b> 9am Exercises 9.30 St Luke's 10.30 Bowls 12.30 ST Massage 1.30 Ice Cream & Giggles 3.30 Movie	<b>12</b> 9am Balloon Games 10.30 Garden Club 12.30 ST Massage 1.30 Reminiscing Box 3.30 Movie	<b>13</b> 9am Exercises 9.30 Catholic Mass 10.30 Tempo Terrific 12pm Spring BBQ	<b>14</b> 9am Balloon Games 10.30 Shing digs @ TS 12.30 ST Massage 1.30 Colour Therapy 3pm Movie
<b>15</b> 9am Exercises 10.30 Garden Reading 12.30 ST Massage 1.30 Table Games	<b>16</b> 9.30 Morning Tea Bus 10.30 ST Massage 1.30 Read A Bit Talk A Bit 2.30 Table Activities	<b>17</b> 9am Balloon Games 10.30 Frog On The Pond 12.30 ST Massage 1.30 Singalong With Lonny 3.30 Movie	<b>18</b> Mexican Theme 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Ice Cream & Giggles 3.30 Movie	<b>19</b> 9am Balloon Games 10.30 Garden Club 12.30 ST Massage 1.30 Reminiscing Box 3.30 Movie	<b>20</b> 9am Exercises 10am Birthday For Betty 10.30 Basketball 12.30 St Massage 1.30 Memory Game	<b>21</b> 9am Balloon Games 10.30 Box Bingo 12.30 ST Massage 1.30 Colour Therapy 3pm Movie
<b>22</b> 9am Exercises 10.30 Garden Reading 12.30 ST Massage 1.30 Table Games	<b>23</b> 9.30 Morning Tea Bus 10.30 ST Massage 1.30 Read A Bit Talk A Bit 2.30 Table Activities	<b>24</b> 9am Balloon Games 10.30 Frog On The Pond 12.30 ST Massage 1.30 Art/Craft Table 3.30 Movie	<b>25</b> 9am Exercises 9.30 St Luke's 10.30 Bowls 12.30 ST Massage 1.30 Ice Cream & Giggles 3.30 Movie	<b>26</b> 9am Balloon Games 10.30 Garden Club 12.30 ST Massage 1.30 Reminiscing Box 3.30 Movie	<b>27</b> 9am Exercises 10.30 Basketball 12.30 St Massage 1.30 Memory Game	<b>28</b> 9am Balloon Games 10.30 Box Bingo 12.30 ST Massage 1.30 Colour Therapy 3pm Movie
<b>29</b> 9am Exercises 10.30 Garden Reading 12.30 ST Massage 1.30 Table Games	<b>30</b> 11am Lunch Bus					<b>BIRTHDAYS</b> 20th Betty