## September 2019

## Palm Sails

	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9.30 Evereises With Moh	3	4	5 9.30 Assisted Shapping	6 9.30 Evereises	<b>7</b> 9am Exercises
	1		1		10.30 Bingo
,	10.30 birigo				1.30 Sing a long
1.50 Shameboard	2pm The Gals	1.55 Whiteboard dames	Big Bingo	1.50 Noway Nockers	1.50 Sing a long
9	10	11	12	13	14
9.30 Exercises With Mob	9am Exercises	9am Exercises	9.30 Morning Tea Bus	9.30 Exercises	9am Exercises
10.30 On This Day	10.30 Bingo	9.30 St Luke's	10.30 Rummikub	9.30 Catholic Mass	10.30 Shing digs @TS
1.30 Shuffleboard	1.30 Darts	10.30 Bowls	1.30 Shopping Bus/	10.30 Tempo Terrific	1.30 Bingo
		1.30 Whiteboard Games	Big Bingo		
16	17	18 Mexican Theme	19	20	21
9.30 Exercises With Mob	9am Exercises	9am Exercises	9.30 Morning Tea Bus	9.30 Exercises	Spring Fete
10.30 On This Day	10.30 Bingo	10.30 Bowls	10.30 Rummikub	10.30 Golf	9am Exercises
1.30 Shuffleboard	1.30 Singalong With Lonny	1.30 Whiteboard Games	1.30 Shopping Bus/	1.30 Rowdy Rockers	10.30 Bingo
			Big Bingo		1.30 Sing a long
23	24	25	26	27	28
9.30 Exercises With Mob	9am Exercises	9am Exercises	10.30 Rummikub	9.30 Exercises	9am Exercises
10.30 On This Day	10.30 Bingo	9.30 St Luke's	1am Lunch Bus	10.30 Golf	10.30 Bingo
1.30 Shuffleboard	1.30 Darts	10.30 Bowls	1.30 Big Bingo	1.30 Rowdy Rockers	1.30 Sing a long
		1.30 Whiteboard Games			
30					<b>BIRTHDAYS</b>
9.30 Exercises With Mob					30th Olive W
10am B/day For Olive W					
10.30 On This Day					
1.30 Shuffleboard					
	9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  9 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  16 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  23 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  30 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard	9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  2pm The Gals  10 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  17 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  17 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  17 9am Exercises 10.30 Bingo 1.30 Darts  17 9am Exercises 10.30 Bingo 1.30 Singalong With Lonny  23 9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  130 Darts  30 9.30 Exercises With Mob 10am B/day For Olive W 10.30 On This Day	9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard  10.30 Bingo 1.30 Whiteboard Games  10.30 Bingo 1.30 Whiteboard Games  10.30 Bingo 1.30 Whiteboard Games  10.30 Bingo 1.30 Shuffleboard  10.30 Bingo 1.30 Bingo 1.30 Bingo 1.30 Bingo 1.30 Whiteboard Games  10.30 Bingo 1.30 Shuffleboard 1.30 Singalong With Lonny  1.30 Shuffleboard  1.30 Shuffleboard  24  9am Exercises 10.30 Bingo 1.30 Whiteboard Games  1.30 Whiteboard Games  25  9am Exercises 10.30 Bingo 1.30 Whiteboard Games  1.30 Whiteboard Games	9.30 Exercises With Mob 1.30 On This Day 1.30 Shuffleboard  2pm The Gals  10.30 Bowls 1.30 Whiteboard Games  10.30 Rummikub 1.30 Shopping Bus/ Big Bingo  10.30 Rummikub 1.30 Shopping Bus/ Big Bingo  10.30 Rummikub 1.30 Shopping Bus/ Big Bingo  10.30 Rummikub 1.30 Rum	9.30 Exercises With Mob 10.30 On This Day 1.30 Shuffleboard 2pm The Gals  10.30 Bingo 1.30 Whiteboard Games 2pm The Gals  10.30 Shuffleboard Games 2pm The Gals  10.30 Shuffleboard 2pm Exercises 2pm The Gals  11  2pm The Gals  11  2pm The Gals  11  2pm Exercises 3p.30 Morning Tea Bus 1p.30 Shopping Bus/ 1p.30 Shopping Bus/ 1p.30 Shopping Bus/ 1p.30 Shuffleboard 1p.30 Shuffleboard 1p.30 Shuffleboard 2pm The Gals  1pm Exercises 1p.30 Shuffleboard 1pm Exercises 1pm Shuffleboard 2pm Exercises 2pm The Gals  1pm Exercises 2pm The Gals  1pm Exercises 2pm The Gals 2pm The Ga