

September 2019

Nursing Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9am Exercises 10.30 Robert 12.30 ST Massage 1.30 Crosswords 3pm Movie	2 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Birthday For Terry 2.30 Quizzes	3 9am Ball Games 10.30 Bingo 2pm The Gals 3pm Movie	4 9am Exercises 10.30 Letter Game 1pm Afternoon tea bus 1.30 Craft	5 9am Balloon Games 10.30 Golf 12.30 ST Massage 1.30 On This Day 3pm Movie	6 9am Exercises 10.30 Sensory Garden 1.30 Song Requests 3pm Movie	7 9.30 Balloon Games 10.30 Darts 12.30 ST Massage 1.30 Card Bingo 3pm Movie
8 9am Exercises 10.30 Craft 12.30 ST Massage 1.30 Crosswords 3pm Movie	9 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Quizzes 3pm Movie	10 9am Ball Games 10.30 Bingo 1.30 Darts 3pm Movie	11 9am Exercises 9.30 St Luke's/MT Bus 10.30 Letter Game 1pm Afternoon tea bus 1.30 Craft	12 9am Balloon Games 10.30 Golf 12.30 ST Massage 1.30 On This Day 3pm Movie	13 9am Exercises 9.30 Catholic Mass 10.30 Tempo Terrific 12pm Spring BBQ 1.30 Song Requests 3pm Movie	14 9.30 Balloon Games 10.30 Shing digs@TS 12.30 ST Massage 1.30 Card Bingo 3pm Movie
15 9am Exercises 10.30 Craft 12.30 ST Massage 1.30 Crosswords 3pm Movie	16 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Quizzes 3pm Movie	17 9am Ball Games 10.30 Bingo 1.30 Singalong With Lonny 3pm Movie	18 Mexican Theme 9am Exercises 10.30 Letter Game 1pm Afternoon tea bus 1.30 Craft	19 9am Balloon Games 10am B/day For Lillian 10.30 Golf 12.30 ST Massage 1.30 On This Day 3pm Movie	20 9am Exercises 10.30 Sensory Garden 1.30 Song Requests 3pm Movie	21 Spring Fete
22 9am Exercises 10.30 Craft 12.30 ST Massage 1.30 Crosswords 3pm Movie	23 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Quizzes 3pm Movie	24 9am Ball Games 10.30 Bingo 1.30 Darts 3pm Movie	25 9am Exercises 9.30 St Luke's/MT Bus 10.30 Letter Game 1.30 Craft	26 9am Balloon Games 10.30 Golf 12.30 ST Massage 1.30 On This Day 3pm Movie	27 9am Exercises 10.30 Sensory Garden 1.30 Song Requests 3pm Movie	28 9.30 Balloon Games 10.30 Darts 12.30 ST Massage 1.30 Card Bingo 3pm Movie
29 9am Exercises 10.30 Craft 12.30 ST Massage 1.30 Crosswords 3pm Movie	30 9am Exercises 10.30 Bowls 12.30 ST Massage 1.30 Quizzes 3pm Movie					BIRTHDAYS 1st Terry 19th Lillian