

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BUFFET BREAKFAST	Fresh Juice (Apple or Orange), Fresh or Tinned Fruit, Yoghurt, Assorted Cereals, Prunes, Porridge, Coffee, Tea, Assorted Breads & Spreads, Pastries, Scrambled or Poached Eggs						Scrambled Egg & Bacon
MORNING TEA	Apple Cake	Sweet or Savoury Biscuits	Custard Tart	Ice Carrot Cake	Rock Cake	Sweet or Savoury Biscuits	Cream Puffs
LUNCH MAIN CHOICE	Creamy Pork Marsala	<i>Fisherman's Basket with Mixed Leaf Salad, Chips and Dipping Sauces</i> <i>or Chicken A La King</i>	Corned Beef Silverside with Mustard Sauce	<i>Braised Lamb Chop with Red Wine Sauce, Quatered Chats, Spiced & Mashed Sweet Potato, Buttered Brussel Sprouts</i> <i>or Italian Meatballs served with Pasta</i>	Battered Fish with Lemon & Tartare	Braised Steak with Mushroom Sauce	Roast Chicken Thigh with Herb Stuffing & Gravy
LUNCH 2ND CHOICE	Beef Brisket		Hearty Pork Casserole		Mixed Vegetable Pastie	Vegetable Risotto	Vegetable Ratatouille with Mixed Beans
VEGETABLES	Pureed Potato Sautee'd Zucchini Steamed Baby Carrots		Cauliflower & Broccoli Mornay, Potato Bake		Hot Chips, Garden Salad & Pasta Salad	Herbed Potatos, Cross Cut Beans Honeyed Carrots	Mixed Roasted Root Vegetables
DESSERT	Stewed Fruits & Yoghurt	Self Saucing Lemon Pudding	Crème Caramel	Sticky Date Pudding & Butterschoch Sauce	Hazelnut Mousse	Apple & Banana Cake with Custard	Pavlova and Fruit Salad
MODIFIED MEAL	Beef Brisket	Steamed Fish	Corned Beef	Italian Meatballs	Steamed Fish	Braised Steak	Roast Chicken Thigh
All modified meals will be the same or a variation of the Main Meal choice at Lunch & Dinner served with mashed potato & puree vegetable with sauce or gravy							
A/TEA	Sweet or Savoury Biscuits	Cheese & Crackers	A Selection of Tea, Coffee or Cordial with Sweet or Savoury Biscuits		Cheese & Crackers	A Selection of Tea, Coffee or Cordial with Sweet or Savoury Biscuits	
DINNER SOUP	Roasted Kumera	Red Lentil & Onion	Potato & Leek	Chicken & Corn	Minestrone	Mulligatawny	Mixed Vegetable
DINNER MAIN CHOICE	Beef Lasagne and Garlic Bread	Mixed Vegetable Bake	Spanish Omelette with Spinach Leaf Salad	Ham, Tomato & Cheese Melt	Honey Soy Chicken with Fried Rice	Ravioli with Tomato & Basil Sauce & Parmesan Cheese	Salmon & Vegetable Pattie with White Sauce & Mixed Vegetable Medley
DINNER 2ND CHOICE	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	BLT	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich
SANDWICHES OR SALADS	Roast Beef	Tuna & Mayo	Ham & Pineapple	Salmon	Corned Beef	Chicken & Mayo	Curried Egg
DESSERT OR FRESH FRUIT	Fresh Fruit Salad	Two Fruits	Ice Cream & Topping	Apple Slices	Fresh Fruit Salad	Whole Fruit Piece	Ice Cream & Topping
SPECIAL DIET	Special Diets for Breakfast, Lunch & Dinner will be catered for on an individual basis. E.g. Vegetarian, Diabetic, Puree, Gluten Free, Low Salt, High Protein etc.						
SUPPER	A Selection of Coffee, Tea and Fresh Fruit with Diabetics receiving Mixed Sandwiches in Dining Fridges						

