

May 2019

Palm Sails

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS 5th Ruth M 10th Gwen S			1 Mexican Theme Day 9am Exercises 10.30 Julz 1.30 Bowls	2 9.30 Assisted Shopping 10.30 Boardgames 1.30 Big Bingo	3 9.30 Exercises 10.30 Golf 1.30 Rowdy Rockers Bing Crosby B/Day Theme	4 9am Exercises 10.30 Table Games 1.30 Netflix
5 9am Exercises 10.30 Sing-a-Long 1.30 Movie	6 9.30 Exercises 10am B/day Morning Tea For Ruth 1.30 Residents Meeting	7 9am Exercises 10.30 Bingo 1.30 Port & Poetry	8 9am Exercises 9.30 St Lukes 10.30 Bowls 1.30 David Attenborough Theme Day. Coke Invented	9 9.30 M/Tea Bus 10.30 Boardgames 1.30 Shopping Bus Big Bingo	10 9.30 Exercises 9.30 Catholic Mass 10am B/Day M/T For Gwen 10.30 Lavender Blue 1.30 Mothers Day High Tea with Elvis	11 9am Exercises 10.30 Table Games 1.30 Netflix
12 9am Exercises 10.30 Sing-a-Long 1.30 Movie	13 9.30 Exercises 10.30 Ladies Group Katherine Hepburn Birthday Theme	14 9am Exercises 10.30 Bingo 1.30 Port & Poetry	15 9am Exercises 10.30 Bowls 1.30 Whiteboard Games	16 9.30 M/Tea Bus 10.30 Boardgames 1.30 ICU Entertainment	17 9.30 Exercises 10.30 Golf 1.30 Rowdy Rockers	18 9am Exercises 10.30 Table Games 1.30 Netflix
19 9am Exercises 10.30 Sing-a-Long 1.30 Movie	20 9.30 Exercises 10am Men's Group 10.30 Women's Group Cher's Birthday	21 9am Exercises 10.30 Bingo 1.30 Port & Poetry 1.30 Sing-a-Long with Lonny	22 9am Exercises 9.30 St Lukes 10.30 Bowls 1.30 Whiteboard Games	23 9.30 M/Tea Bus 10.30 Boardgames 1.30 Shopping Bus Big Bingo	24 9.30 Exercises 10.30 Golf 1.30 Rowdy Rockers	25 9am Exercises 10.30 Table Games 1.30 Netflix
26 9am Exercises 10.30 Sing-a-Long 1.30 Movie	27 9.30 Exercises 10am Men's Group 10.30 Women's Group	28 9am Exercises 10.30 Bingo 1.30 Port & Poetry	29 9am Exercises 10.30 Bowls 1.30 Whiteboard Games	30 11am Lunch Bus 1.30 Big Bingo 1.30 Ice cream and Giggles	31 9.30 Exercises 10.30 Golf 1.30 Rowdy Rockers	