

January 2019

Hostel

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS 6th Bert C 12th Edna 17th Bert C		1 9am Exercises 10.30 Bingo 1.30 Darts 3pm Afternoon Tea	2 9am Exercises 10.30 Bowls 1.30 IceCream & Quizzes 3pm Afternoon Tea	3 9.30 Assisted Shopping from BlueWave 1.30 Assisted Shopping from The Shores	4 9am Exercises 9.30 Mobility Exercises 10.30 Golf 1.30 Rowdy Rockers 3pm Afternoon Tea	5 9am Exercises 10.30 Table Games 1.30 Netflix
6 Exercises Sing a Long Movie	7 9.30 Exercises 10am B/Day for Bert C Mens Club 10.30 Ladies Circle 1.30 Shuffleboard 3pm Afternoon Tea	8 9am Exercises 10.30 Bingo 1.30 Darts 3pm Afternoon Tea	9 9am Exercises 10.30 Bowls 1.30 IceCream & Quizzes 3pm Afternoon Tea	10 9.30 M/Tea Bus 1.30 Shopping Bus Whiteboard Games	11 9.30 Catholic Mass 10am Edna 100th B/Day 1.30 Golf 3pm Afternoon Tea	12 9am Exercises 10.30 Table Games 1.30 Netflix
13 Exercises Sing a Long Movie	14 9.30 Exercises 10am Mens Club 10.30 Ladies Circle 1.30 Shuffleboard 3pm Afternoon Tea	15 9am Exercises 10.30 Bingo 1.30 Darts 3pm Afternoon Tea	16 9am Exercises 10.30 Bowls 1.30 IceCream & Quizzes 3pm Afternoon Tea	17 9.30 M/Tea Bus 1.30 B/Day for Bert C	18 9am Exercises 9.30 Mobility Exercises 10.30 Golf 1.30 Rowdy Rockers 3pm Afternoon Tea	19 9am Exercises 10.30 Table Games 1.30 Netflix
20 Exercises Sing a Long Movie	21 9.30 Exercises 10am Mens Club 10.30 Ladies Circle 1.30 Shuffleboard 3pm Afternoon Tea	22 9am Exercises 10.30 Bingo 1.30 Darts 3pm Afternoon Tea	23 9am Exercises 10.30 Bowls 1.30 IceCream & Quizzes 3pm Afternoon Tea	24 9.30 M/Tea Bus 1.30 Shopping Bus Whiteboard Games	25 AUSTRALIA DAY BBQ	26 9am Exercises 10.30 Table Games 1.30 Netflix
27 Exercises Sing a Long Movie	28 9.30 Exercises 10am Mens Club 10.30 Ladies Circle 1.30 Shuffleboard 3pm Afternoon Tea	29 9am Exercises 10.30 Bingo 1.30 Darts 3pm Afternoon Tea	30 9am Exercises 10.30 Bowls 1.30 IceCream & Quizzes 3pm Afternoon Tea	31 11am Lunch Bus 2pm Whiteboard Games 3pm Afternoon Tea		